



FRANK

KITCHEN

ABOUT



FRANK KITCHEN IS “THE MINDSET MASTER CHEF.” AS A KEYNOTE SPEAKER, HE WORKS WITH ORGANIZATIONS WHO WANT TO FIRE UP THE PERFORMANCE OF THEIR TEAMS.

All of Frank’s “Kitchen Inspired” programs on Mindset and Workplace Culture are Interactive Learning Experiences that will provide you and your team with the proven recipes, ingredients, tools and techniques needed to “Flip Your Mindset” and Cook Up the 5-Star Performance Masterpieces You and Your Team Hunger For.

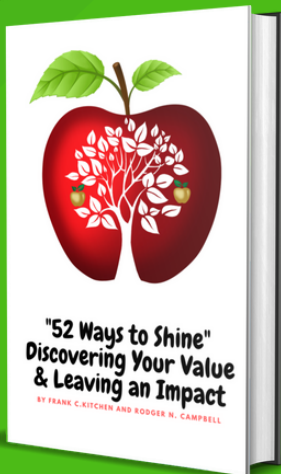
“Frank Kitchen is a 2022 recipient of the Certified Speaking Professional (CSP) Designation from the National Speakers Association (NSA). It is the Highest Earned Honor in the Speaking Industry. Less than 900 Speakers Worldwide have ever earned this certification since its creation in 1980.”

SERVICES

(IN -PERSON AND VIRTUAL)



Available at
amazon



OFFERED

- **CONFERENCE KEYNOTES**
- **PROFESSIONAL DEVELOPMENT DAYS**
- **LEADERSHIP RETREATS**
- **SALES MEETINGS**
- **ORIENTATION PROGRAMS**
- **TEAM BUILDING EVENTS**

FRANKKITCHEN.COM

#ILIVEFRESH

FOCUSED • RESOURCEFUL • ENTHUSIASTIC • STRONG • HONEST

POPULAR PROGRAMS



"FLIP YOUR MINDSET AND LIVE F.R.E.S.H.!" YOUR SIGNATURE RECIPE FOR PERFORMANCE EXCELLENCE

Hungry for Results? Bring your Mental Appetite, as Frank Kitchen takes to the stage to personally demonstrate his proven recipe for crafting the Mindset needed to be a top performer. During this interactive learning experience, Frank will entice you to flip your mindset and become the "Chef de Cuisines" of your Performance Kitchen. Get ready to Cook Up the 5-Star Performance Masterpieces you have been craving for, as Frank shares with you the ingredients, tools, and techniques needed to transform you and your team's loftiest Dreams into an Exquisite Reality.

"IT'S OK TO PLAY!" GAMING YOUR WAY TO A RICH WORKPLACE CULTURE

Does your workplace feel bland and uninspired? Then it's time to invite the "Mindset Master Chef," Frank Kitchen, to infuse some flavor into your team's culture. In this hands-on "cooking class" Frank will teach you how to transform standard business practices into a soul-nourishing experience. With his signature zest and charm, Frank will provide you with the ingredients needed to foster an award-winning workplace environment, where people feel valued and driven to succeed. An experience so mouth watering, that everyone will be asking for seconds because they deserve nothing less!

4 REASONS YOU'LL LOVE WORKING WITH FRANK.

1

AS A FORMER EVENT PROFESSIONAL, FRANK WILL WORK WITH YOU AND YOUR TEAM BEFORE AND AFTER YOUR EVENT TO ENSURE YOU COOK UP THE TASTIEST LEARNING EXPERIENCE POSSIBLE.

2

FRANK WILL CUSTOMIZE EVERY LEARNING EXPERIENCE TO MEET YOUR WANTS AND NEEDS. NO "CANNED LECTURE" WITH BORING POWERPOINTS. HIS GOAL IS TO COOK UP YOU A HIGH ENERGY, INTERACTIVE EXPERIENCE THAT WILL ENTICE YOU AND YOUR TEAM LAUGH AND LEARN.

3

FRANK WILL DO EVERYTHING POSSIBLE TO MAKE YOUR EVENT A SUCCESS INCLUDING RECORDING A PRE-EVENT MARKETING VIDEO TO STIMULATE EVENT ATTENDANCE AND PARTICIPATION.

4

AS A CERTIFIED SPEAKING PROFESSIONAL (CSP), TRAINER, EDUCATOR, AUTHOR AND BUSINESS OWNER, FRANK HAS OVER 30 YEARS OF PROVEN PROFESSIONAL DEVELOPMENT EXPERIENCE. EXPERIENCE NEEDED TO BE YOUR GO TO AUTHORITY ON PERFORMANCE EXCELLENCE.

CLIENTS SERVED



NEW ORLEANS
FIREMEN'S FEDERAL
CREDIT UNION



"COOKING UP EXCELLENCE FOR YOU AND YOUR TEAM"

WHAT THEY'RE SAYING



"Frank gave a keynote at our Annual Sales Kickoff and it was a blast. He brings great energy in the room with his F.R.E.S.H. message and stories. I highly recommend Frank for Motivational Keynote Speeches.

KARAN YARAMADA
CEO AND PRESIDENT
JADE GLOBAL, INC



"Frank got our members up out of their chairs working together and in many cases, with people they don't normally sit with. Our attendees raved about Frank! If you are looking for an F.R.E.S.H approach to leadership and development sessions F.R.A.N.K is your guy!"

KARA DANIEL
MISSOURI ASSOCIATION OF
PUBLIC PURCHASING



*"Frank, Great job my man!
Thank you for making this
one of our best
Professional Development
Seminars to date!"*

TRAVIS CUTRIGHT
NATIONAL FORUM FOR BLACK PUBLIC
ADMINISTRATORS (NFBPA) CENTRAL AZ

ARE YOU READY TO FLIP YOUR MINDSET?

Please contact me to learn how we
can work together to Cook Up the
Tastiest Learning Experience
possible for You and Your Team!



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